

CFSC BASIC NEEDS BASKET: LILONGWE, ZOMBA, BLANTYRE, MZUZU, MANGOCHI & KARONGA January, 2019

(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN

ITEM	Lilongwe		Zomba		Blantyre		Mzuzu		Karonga		Mangochi	
Maize	8,643	17,286	9,200	18,400	10,083	20,166	9,750	19,500	7,000	14,000	10,000	20,000
Milling (Including Grinding)	321	4,494	433	6,062	250	3,500	460	6,440	700	9,800	400	5,600
Beans (0.8kg/day) 8 Days	800	5,120	1,357	8,685	986	6,310	1,108	7,091	700	4,480	1,000	6,400
Dry Usipa (250g/day) 4 days	3,875	3,875	4,000	4,000	5,714	5,714	4,083	4,083	2,250	2,250	6,167	6,167
Dry Utaka/Mcheni (200g/day) 4 days	5,625	4,500	5,143	4,114	7,000	5,600	6,900	5,520	4,250	3,400	7,000	5,600
Kapenta (200g/day) 4 days	6,125	4,900	6,057	4,846	7,714	6,171	3,500	2,800	6,514	5,211	4,000	3,200
Beef(1 kg/day) 4 days	2,325	9,300	2,343	9,372	2,157	8,628	2,500	10,000	1,800	7,200	2,500	10,000
Eggs (12/day) 4 days	88	4,224	90	4,320	100	4,800	100	4,800	85	4,080	100	4,800
Rape (750g/day) for 30 days	430	9,675	426	9,585	466	10,485	391	8,798	760	17,100	567	12,758
Tomato (0.5 Kg/day) 30 days	504	7,560	511	7,665	614	9,210	621	9,315	490	7,350	875	13,125
Onion (116g/day) 30 days	665	2,328	756	2,646	857	3,000	1,062	3,717	550	1,925	1,017	3,560
Fresh Milk (250ml/day) 30 days	295	4,425	344	5,160	314	4,710	377	5,655	310	4,650	300	4,500
Kazinga Cooking oil (100mls/day)30 dys	1,438	4,314	1,547	4,641	1,356	4,068	1,258	3,774	1,125	3,375	1,800	5,400
Bread (5 bkfsts / wk) 20 days	400	8,000	383	7,660	389	7,780	380	7,600	450	9,000	400	8,000
Sugar (2 Kgs /Week)	846	6,768	850	6,800	877	7,016	950	7,600	950	7,600	900	7,200
Kitchen Salt	281	281	346	346	247	247	524	524	390	390	300	300
Tea leaves (Chisangalalo)	98	3,920	121	4,840	51	2,040	98	3,920	70	2,800	90	3,600
Cassava /potatoes (2Kgx2Bkfst/)	273	4,368	203	3,248	239	3,824	174	2,784	265	4,240	243	3,888
Sub-total		105,338		112,390		113,269		113,921		108,851		124,097

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (50 kgs)	9,643	19,286	12,557	25,114	13,786	27,572	10,883	21,766	7,500	15,000	10,000	20,000
Protex	438	4,380	450	4,500	449	4,490	515	5,150	460	4,600	450	4,500
Boom	339	2,712	361	2,888	351	2,808	442	3,536	450	3,600	350	2,800
Clere Body Lotion	501	1,002	496	992	506	1,012	604	1,208	500	1,000	450	900
Vaseline Blue Seal	756	1,512	809	1,618	750	1,500	758	1,066	750	1,500	800	1,600
Electricity	10,250	10,250	8,021	8,021	11,893	11,893	4,854	4,854	5,881	5,881	7,625	7,625
Running Water (meter)	10,821	10,821	7,476	7,476	11,953	11,953	6,845	6,845	7,956	7,956	8,660	8,660
Housing (3 bedroom)	46,313	46,313	34,000	34,000	41,417	41,417	23,208	23,208	21,000	21,000	31,250	31,250
Sub-total		96,276		84,609		102,645		67,633		60,537		77,335
Total Basic Needs		201,614		196,999		215,914		181,554		169,388		201,432

(C) SOME OTHER ADDITIONAL COSTS

	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi		
Education							Fuel (cost at the pump)	
Secondary (fees) per year	33563	27587	21545	40500	42188	27250	Diesel (per litre)	K935.60
Primary (GPF) per year	2288	2286	1840	7875	6544	2800	Petrol (per litre)	K868
Uniform/shoes (Primary) per year	6850	8156	12718	8023	10516	7821	Paraffin (per litre)	K755.30
Uniform/shoes (Secondary) per year	8922	11859	13775	10387	9305	9288		
Other (pens, books, etc.) per term	35907	16157	29428	5714	7886	11667		
Minibus fare to town and back								
								LL: MK1000; BT: MK416; ZA: MK400 – MK400; MZ: MK450 – MK500

AVG	Feb 2018	Mar 2018	Apr 2018	May 2018	Jun 2018	Jul 2018	Aug 2018	Sept,2018	2018	Nov 2017	Dec 2018	Jan 2019
Amount (MK)	180,680	180,648	183,232	182,366	176,420	180,297	178,074	176,087	182,162	187,684	190,543	194,483

NB: 1 USA dollar (\$) = K730 Malawian Kwacha (MK). The Social Conditions Research Program of the Centre for Social Concern Conducted these surveys from 22nd, 23rd and 24th January, 2019 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi.

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NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis