

**CFSC BASIC NEEDS BASKET BASKET: LILONGWE ,ZOMBA , BLANTYRE ,MZUZU ,MANGOCHI AND KARONGA June, 2019**

**(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN**

ITEM	Lilongwe		Zomba		Blantyre		Mzuzu		Karonga		Mangochi	
Maize	7,250	14,500	8,000	16,000	9,000	18,000	9,667	19,334	6,750	13,500	9,500	19,000
Milling (Including Grinding)	281	3,934	425	5,950	250	3,500	450	6,300	700	9,800	500	7,000
Beans (0.8kg/day) 8 Days	750	4,800	1,157	7,405	850	5,440	883	5,651	700	4,480	800	5,120
Dry Usipa (250g/day) 4 days	6,500	6,500	5,857	5,857	8,643	8,643	5,333	5,333	3,500	3,500	6,300	6,300
Dry Utaka/Mcheni (200g/day) 4 days	5,500	4,400	6,286	5,029	8,357	6,686	8,217	6,574	2,000	1,600	7,100	5,680
Kapenta (200g/day) 4 days	6,125	4,900	6,571	5,257	8,857	7,086	3,500	2,800	6,514	5,211	4,167	3,334
Beef(1 kg/day) 4 days	2,275	9,100	2,400	9,600	2,300	9,200	2,500	10,000	1,800	7,200	3,000	12,000
Eggs (12/day) 4 days	89	4,272	90	4,320	100	4,800	100	4,800	95	4,560	100	4,800
Rape (750g/day) for 30 days	260	5,850	271	6,098	269	6,053	496	11,160	351	7,898	689	15,503
Tomato ( 0.5 Kg/day) 30 days	763	11,445	643	9,645	793	11,895	1,383	20,745	792	11,880	950	14,250
Onion (116g/day) 30 days	792	2,772	686	2,401	964	3,374	1,234	4,319	1,075	3,763	1,033	3,616
Fresh Milk (250ml/day) 30 days	293	4,395	344	5,160	307	4,605	360	5,400	340	5,100	300	4,500
Kazinga Cooking oil (100mls/day)30 dys	1,369	4,107	1,437	4,311	1,299	3,897	1,183	3,549	1,140	3,420	1,800	5,400
Bread (5 bkfsts / wk) 20 days	414	8,280	387	7,740	397	7,940	452	9,040	450	9,000	300	6,000
Sugar (2 Kgs /Week)	876	7,008	884	7,072	879	7,032	933	7,464	925	7,400	950	7,600
Kitchen Salt	298	298	354	354	251	251	502	502	390	390	300	300
Tea leaves (Chisangalalo)	83	3,320	114	4,560	50	2,000	100	4,000	70	2,800	90	3,600
Cassava /potatoes (2KgX2Bkfst/)	189	3,024	99	1,584	201	3,216	182	2,912	245	3,920	108	1,728
<b>Sub-total</b>		<b>102,905</b>		<b>108,342</b>		<b>113,617</b>		<b>129,883</b>		<b>105,421</b>		<b>125,730</b>

**(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal (50 kgs)	12,269	24,538	13,500	27,000	13,571	27,142	9,600	19,200	7,500	15,000	7,500	15,000
Protex	419	4,190	456	4,560	451	4,510	523	5,230	450	4,500	450	4,500
Boom	345	2,760	377	3,016	347	2,776	421	3,368	600	4,800	350	2,800
Clere Body Lotion	510	1,020	491	982	519	1,038	600	1,200	600	1,200	500	1,000
Vaseline Blue Seal	746	1,492	776	1,552	756	1,512	713	1,066	795	1,590	800	1,600
Electricity	8,888	8,888	7,271	7,271	13,579	13,579	5,188	5,188	5,031	5,031	9,448	9,448
Running Water (meter)	8,581	8,581	6,988	6,988	10,741	10,741	6,070	6,070	8,045	8,045	9,142	9,142
Housing (3 bedroom)	46,313	46,313	35,000	35,000	44,125	44,125	24,875	24,875	22,000	22,000	31,375	31,375
<b>Sub-total</b>		<b>97,782</b>		<b>86,369</b>		<b>105,423</b>		<b>66,197</b>		<b>62,166</b>		<b>74,865</b>
<b>Total Basic Needs</b>		<b>200,687</b>		<b>194,711</b>		<b>219,040</b>		<b>196,080</b>		<b>167,587</b>		<b>200,595</b>

**(C) SOME OTHER ADDITIONAL COSTS**

	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi		
<b>Education</b>							Fuel (cost at the pump)	
Secondary (fees) per year	31313	37500	21545	40500	43078	27250	Diesel (per litre)	K874
Primary (GPF) per year	1481	1506	1825	7875	6544	2800	Petrol (per litre)	K868
Uniform/shoes (Primary) per year	7241	8156	12674	8023	10516	7821	Paraffin (per litre)	K755.30
Uniform/shoes (Secondary) per year	8372	11859	13775	10387	9305	9288		
Other (pens, books, etc.) per term	32213	16157	28325	5714	7886	11667		
<b>Minibus fare to town and back</b>								

LL: MK1000; BT: MK416; ZA: MK400 – MK400; MZ: MK450 – MK500

AVG	Jul 2018	Aug 2018	Sept,2018	October,2018	Nov 2017	Des 2018	Jan 2019	Feb 2019	Mrt 2019	Apr 2019	Mei 2019	Jun 2019
Amount (MK)	<b>180,297</b>	<b>178,074</b>	<b>176,087</b>	<b>182,162</b>	<b>187,684</b>	<b>190,543</b>	<b>194,483</b>	<b>193,343</b>	<b>194,723</b>	<b>194,048</b>	<b>196,409</b>	<b>196,450</b>

NB: 1 USA dollar (\$) = K764.98 Malawian Kwacha (MK). The Social Conditions Research Program of the Centre for Social Concern Conducted these surveys from 24<sup>th</sup> and 25<sup>th</sup> June, 2019 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi.

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**NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis**