

CFSC BASIC NEEDS BASKET BASKET: LILONGWE ,ZOMBA , BLANTYRE ,MZUZU ,MANGOCHI AND KARONGA July, 2019

(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN

ITEM	Lilongwe		Zomba		Blantyre		Mzuzu		Karonga		Mangochi	
Maize	10,429	20,858	11,200	22,400	10,833	21,666	9,667	19,334	8,750	17,500	12,000	24,000
Milling (Including Grinding)	321	4,494	433	6,062	250	3,500	367	5,138	700	9,800	500	7,000
Beans (0.8kg/day) 8 Days	719	4,602	1,171	7,494	843	5,395	883	5,651	700	4,480	700	4,480
Dry Usipa (250g/day) 4 days	6,600	6,600	5,714	5,714	7,357	7,357	5,667	5,667	4,000	4,000	6,167	6,167
Dry Utaka/Mcheni (200g/day) 4 days	5,250	4,200	5,714	4,571	9,329	7,463	8,317	6,654	2,000	1,600	6,933	5,546
Kapenta (200g/day) 4 days	6,175	4,940	6,571	5,257	8,857	7,086	3,500	2,800	6,514	5,211	4,000	3,200
Beef(1 kg/day) 4 days	2,225	8,900	2,400	9,600	2,300	9,200	2,500	10,000	1,800	7,200	3,000	12,000
Eggs (12/day) 4 days	87	4,176	92	4,416	100	4,800	100	4,800	90	4,320	100	4,800
Rape (750g/day) for 30 days	300	6,750	376	8,460	263	5,918	456	10,260	365	8,213	617	13,883
Tomato (0.5 Kg/day) 30 days	451	6,765	579	8,685	600	9,000	730	10,950	648	9,720	567	8,505
Onion (116g/day) 30 days	770	2,695	814	2,849	900	3,150	788	2,758	875	3,063	700	2,450
Fresh Milk (250ml/day) 30 days	298	4,470	337	5,055	307	4,605	360	5,400	340	5,100	300	4,500
Kazinga Cooking oil (100mls/day)30 dys	1,388	4,164	1,451	4,353	1,306	3,918	1,100	3,300	1,140	3,420	1,800	5,400
Bread (5 bkfsts / wk) 20 days	459	9,180	443	8,860	410	8,200	450	9,000	400	8,000	300	6,000
Sugar (2 Kgs /Week)	879	7,032	893	7,144	900	7,200	950	7,600	925	7,400	950	7,600
Kitchen Salt	299	299	354	354	259	259	500	500	390	390	300	300
Tea leaves (Chisangalalo)	93	3,720	114	4,560	50	2,000	100	4,000	70	2,800	90	3,600
Cassava /potatoes (2Kgx2Bkfst/)	221	3,536	167	2,672	200	3,200	179	2,864	186	2,976	117	1,872
Sub-total		107,381		118,506		113,917		116,676		105,192		121,303

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (50 kgs)	11,400	22,800	13,500	27,000	12,500	25,000	10,592	21,184	7,500	15,000	8,333	16,666
Protex	419	4,190	464	4,640	451	4,510	523	5,230	450	4,500	433	4,330
Boom	356	2,848	373	2,984	351	2,808	429	3,432	600	4,800	350	2,800
Clere Body Lotion	508	1,016	474	948	526	1,052	604	1,208	600	1,200	400	800
Vaseline Blue Seal	788	1,576	776	1,552	779	1,558	713	1,066	795	1,590	800	1,600
Electricity	9,552	9,552	8,604	8,604	14,075	14,075	5,348	5,348	5,000	5,000	9,417	9,417
Running Water (meter)	6,380	6,380	8,612	8,612	10,158	10,158	6,380	6,380	11,487	11,487	9,256	9,256
Housing (3 bedroom)	49,125	49,125	38,958	38,958	44,125	44,125	25,167	25,167	22,000	22,000	31,375	31,375
Sub-total		97,487		93,298		103,286		69,015		65,577		76,244
Total Basic Needs		204,868		211,804		217,203		185,691		170,769		197,547

(C) SOME OTHER ADDITIONAL COSTS

	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi		
Education							Fuel (cost at the pump)	
Secondary (fees) per year	36999	18363	20964	30417	41514	27250	Diesel (per litre)	K874
Primary (GPF) per year	1605	1506	1825	7875	6544	3603	Petrol (per litre)	K868
Uniform/shoes (Primary) per year	12515	21287	16153	8023	10664	15587	Paraffin (per litre)	K755.30
Uniform/shoes (Secondary) per year	16310	26395	17591	10387	17571	17078		
Other (pens, books, etc.) per term	9166	15431	28325	6063	8867	15953		
Minibus fare to town and back LL: MK1000; BT: MK416; ZA: MK400 – MK400; MZ: MK450 – MK500								

AVG	Aug 2018	Sept,2018	2018	Nov 2017	Dec 2018	Jan 2019	Feb 2019	Mar 2019	Apr 2019	Mei 2019	Jun 2019	Jul 2019
Amount (MK)	178,074	176,087	182,162	187,684	190,543	194,483	193,343	194,723	194,048	196,409	196,450	197,980

NB: 1 USA dollar (\$) = K786 Malawian Kwacha (MK). The Social Conditions Research Program of the Centre for Social Concern Conducted these surveys from 24th and 25th July, 2019 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi.

Center for Social Concern, P.O. Box 40009, Lilongwe, Malawi Tel: 265-1-715-632 Fax: 265-1-716-136: director@cfscmalawi.org or admin@cfscmalawi.org

NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis