

CFSC BASIC NEEDS BASKET BASKET: LILONGWE ,ZOMBA , BLANTYRE ,MZUZU ,MANGOCHI AND KARONGA August, 2019

(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN

ITEM	Lilongwe		Zomba		Blantyre		Mzuzu		Karonga		Mangochi	
Maize	10,714	21,428	12,000	24,000	11,833	23,666	12,500	25,000	8,250	16,500	13,000	26,000
Milling (Including Grinding)	329	4,606	442	6,188	250	3,500	371	5,194	700	9,800	500	7,000
Beans (0.8kg/day) 8 Days	763	4,883	1,179	7,546	850	5,440	1,013	6,483	700	4,480	633	4,051
Dry Usipa (250g/day) 4 days	6,500	6,500	6,000	6,000	7,786	7,786	7,083	7,083	4,500	4,500	7,000	7,000
Dry Utaka/Mcheni (200g/day) 4 days	6,700	5,360	6,000	4,800	7,889	6,311	6,217	4,974	2,000	1,600	6,333	5,066
Kapenta (200g/day) 4 days	6,575	5,260	5,771	4,617	10,593	8,474	3,500	2,800	6,514	5,211	5,000	4,000
Beef(1 kg/day) 4 days	2,250	9,000	2,400	9,600	2,300	9,200	2,500	10,000	1,800	7,200	2,500	10,000
Eggs (12/day) 4 days	84	4,032	90	4,320	100	4,800	100	4,800	100	4,800	100	4,800
Rape (750g/day) for 30 days	298	6,705	321	7,223	277	6,233	350	7,875	275	6,188	478	10,755
Tomato (0.5 Kg/day) 30 days	400	6,000	336	5,040	544	8,160	495	7,425	338	5,070	550	8,250
Onion (116g/day) 30 days	808	2,828	703	2,461	1,000	3,500	763	2,671	625	2,188	933	3,266
Fresh Milk (250ml/day) 30 days	293	4,395	331	4,965	329	4,935	455	6,825	390	5,850	300	4,500
Kazinga Cooking oil (100mls/day)30 dys	1,375	4,125	1,396	4,188	1,336	4,008	1,617	4,851	1,250	3,750	1,800	5,400
Bread (5 bkfsts / wk) 20 days	443	8,860	438	8,760	431	8,620	450	9,000	490	9,800	450	9,000
Sugar (2 Kgs /Week)	868	6,944	900	7,200	893	7,144	933	7,464	895	7,160	950	7,600
Kitchen Salt	295	295	363	363	259	259	510	510	390	390	300	300
Tea leaves (Chisangalalo)	90	3,600	103	4,120	50	2,000	100	4,000	100	4,000	90	3,600
Cassava /potatoes (2Kgx2Bkfst/)	282	4,512	144	2,304	159	2,544	182	2,912	233	3,728	110	1,760
Sub-total		109,333		113,693		116,580		119,866		102,214		122,348

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (50 kgs)	9,481	18,962	12,543	25,086	10,671	21,342	9,600	19,200	6,250	12,500	8,333	16,666
Protex	429	4,290	478	4,780	444	4,440	454	4,540	485	4,850	500	5,000
Boom	360	2,880	386	3,088	357	2,856	425	3,400	425	3,400	400	3,200
Clere Body Lotion	514	1,028	506	1,012	511	1,022	613	1,226	700	1,400	600	1,200
Vaseline Blue Seal	800	1,600	777	1,554	807	1,614	836	1,666	850	1,700	800	1,600
Electricity	9,552	9,552	8,604	8,604	14,075	14,075	5,348	5,348	5,000	5,000	9,417	9,417
Running Water (meter)	6,380	6,380	8,612	8,612	10,158	10,158	6,380	6,380	11,487	11,487	9,256	9,256
Housing (3 bedroom)	49,125	49,125	38,958	38,958	44,125	44,125	25,167	25,167	22,000	22,000	31,375	31,375
Sub-total		93,817		91,694		99,632		66,327		62,337		77,714
Total Basic Needs		203,150		205,387		216,212		186,193		164,551		200,062

(C) SOME OTHER ADDITIONAL COSTS

	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi	
Education							Fuel (cost at the pump)
Secondary (fees) per year	36999	18363	20964	30417	41514	27250	Diesel (per litre) K874
Primary (GPF) per year	1605	1506	1825	7875	6544	3603	Petrol (per litre) K868
Uniform/shoes (Primary) per year	12515	21287	16153	8023	10664	15587	Paraffin (per litre) K755.30
Uniform/shoes (Secondary) per year	16310	26395	17591	10387	17571	17078	
Other (pens, books, etc.) per term	9166	15431	28325	6063	8867	15953	
Minibus fare to town and back LL: MK1000; BT: MK416; ZA: MK400 – MK400; MZ: MK450 – MK500							

AVG	Sept,2018	October,2018	Nov 2017	Dec 2018	Jan 2019	Feb 2019	Mar 2019	Apr 2019	Mei 2019	Jun 2019	Jul 2019	Aug 2019
Amount (MK)	176,087	182,162	187,684	190,543	194,483	193,343	194,723	194,048	196,409	196,450	197,980	195,926

NB: 1 USA dollar (\$) = K786 Malawian Kwacha (MK). The Social Conditions Research Programm of the Centre for Social Concern Conducted these surveys from 21st and 22nd August, 2019 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi.

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NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis