

CFSC BASIC NEEDS BASKET BASKET: LILONGWE ,ZOMBA , BLANTYRE ,MZUZU ,MANGOCHI AND KARONGA October, 2019

(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN

ITEM	Lilongwe		Zomba		Blantyre		Mzuzu		Karonga		Mangochi	
Maize	12,429	24,858	12,800	25,600	13,583	27,166	14,333	28,666	10,000	20,000	13,000	26,000
Milling (Including Grinding)	329	4,606	450	6,300	250	3,500	371	5,194	700	9,800	500	7,000
Beans (0.8kg/day) 8 Days	800	5,120	1,186	7,590	871	5,574	1,092	6,989	700	4,480	800	5,120
Dry Usipa (250g/day) 4 days	5,500	5,500	4,571	4,571	7,229	7,229	5,333	5,333	2,000	2,000	4,500	4,500
Dry Utaka/Mcheni (200g/day) 4 days	5,500	4,400	4,857	3,886	7,914	6,331	7,233	5,786	3,500	2,800	5,133	4,106
Kapenta (200g/day) 4 days	6,200	4,960	5,257	4,206	7,786	6,229	3,500	2,800	6,514	5,211	4,667	3,734
Beef(1 kg/day) 4 days	2,275	9,100	2,400	9,600	2,314	9,256	2,500	10,000	1,800	7,200	2,500	10,000
Eggs (12/day) 4 days	84	4,032	90	4,320	97	4,656	100	4,800	95	4,560	100	4,800
Rape (750g/day) for 30 days	203	4,568	326	7,335	366	8,235	518	11,655	175	3,938	500	11,250
Tomato (0.5 Kg/day) 30 days	268	4,020	314	4,710	659	9,885	432	6,480	335	5,025	507	7,605
Onion (116g/day) 30 days	710	2,485	507	1,775	791	2,769	600	2,100	1,225	4,288	1,133	3,966
Fresh Milk (250ml/day) 30 days	296	4,440	316	4,740	307	4,605	340	5,100	400	6,000	300	4,500
Kazinga Cooking oil (100mls/day)30 dys	1,400	4,200	1,386	4,158	1,371	4,113	1,167	3,501	1,250	3,750	1,600	4,800
Bread (5 bkfsts / wk) 20 days	445	8,900	442	8,840	431	8,620	450	9,000	490	9,800	433	8,660
Sugar (2 Kgs /Week)	926	7,408	907	7,256	914	7,312	929	7,432	895	7,160	950	7,600
Kitchen Salt	286	286	363	363	250	250	508	508	390	390	400	400
Tea leaves (Chisangalalo)	90	3,600	111	4,440	50	2,000	100	4,000	100	4,000	125	5,000
Cassava /potatoes (2Kgx2Bkfst/)	257	4,112	190	3,040	234	3,744	191	3,056	223	3,568	133	2,128
Sub-total		106,595		112,729		121,474		122,400		103,969		121,169

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (50 kgs)	9,894	19,788	13,000	26,000	11,621	23,242	9,892	19,784	6,250	12,500	8,333	16,666
Protex	429	4,290	478	4,780	447	4,470	550	5,500	575	5,750	450	4,500
Boom	363	2,904	391	3,128	357	2,856	421	3,368	425	3,400	350	2,800
Clere Body Lotion	495	990	555	1,110	518	1,036	617	1,234	700	1,400	500	1,000
Vaseline Blue Seal	775	1,550	777	1,554	792	1,584	775	1,066	850	1,700	800	1,600
Electricity	9,552	9,552	8,604	8,604	14,075	14,075	5,348	5,348	5,000	5,000	9,417	9,417
Running Water (meter)	6,380	6,380	8,612	8,612	10,158	10,158	6,380	6,380	11,487	11,487	9,256	9,256
Housing (3 bedroom)	49,125	49,125	38,958	38,958	44,125	44,125	25,167	25,167	22,000	22,000	31,375	31,375
Sub-total		94,579		92,746		101,546		67,847		63,237		76,614
Total Basic Needs		201,174		205,475		223,020		190,247		167,206		197,783

(C) SOME OTHER ADDITIONAL COSTS

	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi		
Education							Fuel (cost at the pump)	
Secondary (fees) per year	36999	18363	20964	41103	33882	27250	Diesel (per litre)	K874
Primary (GPF) per year	1605	1506	1825	7875	6544	3603	Petrol (per litre)	K868
Uniform/shoes (Primary) per year	12515	21287	16153	8023	10664	15587	Paraffin (per litre)	K755.30
Uniform/shoes (Secondary) per year	16310	26395	17591	10387	17571	17078		
Other (pens, books, etc.) per term	9166	15431	28325	6063	8867	15953		
Minibus fare to town and back LL: MK1000; BT: MK416; ZA: MK400 – MK400; MZ: MK450 – MK500								

Average	Nov 2017	Dec 2018	Jan 2019	Feb 2019	Mar 2019	Apr 2019	Mei 2019	Jun 2019	Jul 2019	Aug 2019	Sept 2019	October, 2019
Amount (MK)	187,684	190,543	194,483	193,343	194,723	194,048	196,409	196,450	197,980	195,858	198,915	198,918

NB: 1 USA dollar (\$) = K786 Malawian Kwacha (MK). The Social Conditions Research Programm of the Centre for Social Concern Conducted these surveys from 24th and 25th October, 2019 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi.

Center for Social Concern, P.O. Box 40009, Lilongwe, Malawi Tel: 265-1-715-632 Fax: 265-1-716-136: director@cfscmalawi.org or admin@cfscmalawi.org

NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis