

CFSC BASIC NEEDS BASKET BASKET: LILONGWE ,ZOMBA , BLANTYRE ,MZUZU ,MANGOCHI AND KARONGA December, 2019

(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN

ITEM	Lilongwe		Zomba		Blantyre		Mzuzu		Karonga		Mangochi	
Maize	14,143	28,286	15,200	30,400	15,167	30,334	13,583	27,166	10,750	21,500	15,000	30,000
Milling (Including Grinding)	321	4,494	450	6,300	250	3,500	375	5,250	700	9,800	500	7,000
Beans (0.8kg/day) 8 Days	831	5,318	1,279	8,186	900	5,760	1,063	6,803	700	4,480	800	5,120
Dry Usipa (250g/day) 4 days	4,500	4,500	5,429	5,429	8,071	8,071	5,750	5,750	3,000	3,000	5,167	5,167
Dry Utaka/Mcheni (200g/day) 4 days	6,000	4,800	5,429	4,343	8,000	6,400	8,050	6,440	3,500	2,800	6,400	5,120
Kapenta (200g/day) 4 days	6,200	4,960	5,543	4,434	8,571	6,857	3,500	2,800	6,514	5,211	6,833	5,466
Beef(1 kg/day) 4 days	2,300	9,200	2,400	9,600	2,343	9,372	2,500	10,000	1,800	7,200	2,500	10,000
Eggs (12/day) 4 days	84	4,032	90	4,320	100	4,800	100	4,800	85	4,080	100	4,800
Rape (750g/day) for 30 days	308	6,930	457	10,283	431	9,698	442	9,945	520	11,700	340	7,650
Tomato (0.5 Kg/day) 30 days	613	9,195	879	13,185	1,036	15,540	718	10,770	713	10,695	897	13,455
Onion (116g/day) 30 days	725	2,538	929	3,252	886	3,101	910	3,185	845	2,958	1,200	4,200
Fresh Milk (250ml/day) 30 days	295	4,425	316	4,740	314	4,710	372	5,580	360	5,400	300	4,500
Kazinga Cooking oil (100mls/day)30 dys	1,406	4,218	1,400	4,200	1,371	4,113	1,108	3,324	1,300	3,900	1,600	4,800
Bread (5 bkfsts / wk) 20 days	446	8,920	443	8,860	450	9,000	450	9,000	500	10,000	400	8,000
Sugar (2 Kgs /Week)	891	7,128	914	7,312	929	7,432	938	7,504	925	7,400	950	7,600
Kitchen Salt	293	293	347	347	250	250	512	512	390	390	400	400
Tea leaves (Chisangalalo)	85	3,400	111	4,440	50	2,000	100	4,000	70	2,800	125	5,000
Cassava /potatoes (2KgX2Bkfst/)	313	5,008	230	3,680	264	4,224	183	2,928	287	4,592	115	1,840
Sub-total		117,645		133,310		135,161		125,757		117,906		130,118

(B) COST OF ESSENTIAL NON-FOOD ITEMS

Charcoal (50 kgs)	9,900	19,800	12,550	25,100	13,429	26,858	10,642	21,284	7,500	15,000	8,333	16,666
Protex	441		471	4,710	447	4,470	483	4,830	425	4,250	450	4,500
Boom	360	2,880	391	3,128	364	2,912	442	3,536	450	3,600	350	2,800
Clere Body Lotion	513	1,026	555	1,110	519	1,038	588	1,176	625	1,250	500	1,000
Vaseline Blue Seal	759	1,518	774	1,548	799	1,598	744	1,066	795	1,590	800	1,600
Electricity	9,552	9,552	8,604	8,604	14,075	14,075	5,348	5,348	5,000	5,000	9,417	9,417
Running Water (meter)	6,380	6,380	8,612	8,612	10,158	10,158	6,380	6,380	11,487	11,487	9,256	9,256
Housing (3 bedroom)	49,125	49,125	38,958	38,958	44,125	44,125	25,167	25,167	22,000	22,000	31,375	31,375
Sub-total		90,281		91,770		105,234		68,787		64,177		76,614
Total Basic Needs		207,926		225,080		240,395		194,544		182,083		206,732

(C) SOME OTHER ADDITIONAL COSTS

	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi		
Education							Fuel (cost at the pump)	
Secondary (fees) per year	36999	18363	20964	41103	33882	27250	Diesel (per litre)	K924.00
Primary (GPF) per year	1605	1506	1825	7875	6544	3603	Petrol (per litre)	K930.00
Uniform/shoes (Primary) per year	12515	21287	16153	8023	10664	15587	Paraffin (per litre)	K710.50
Uniform/shoes (Secondary) per year	16310	26395	17591	10387	17571	17078		
Other (pens, books, etc.) per term	9166	15431	28325	6063	8867	15953		
Minibus fare to town and back LL: MK1000; BT: MK416; ZA: MK400 – MK400; MZ: MK450 – MK500								

Average	Jan 2019	Feb 2019	Mar 2019	Apr 2019	Mei 2019	Jun 2019	Jul 2019	Aug 2019	Sept 2019	Oct 2019	2019	December, 2019
Amount (MK)	194,483	193,343	194,723	194,048	196,409	196,450	197,980	195,858	198,915	198,918	205,759	211,197

NB: 1 USA dollar (\$) = K786 Malawian Kwacha (MK). The Social Conditions Research Programm of the Centre for Social Concern Conducted these surveys from 16th and 17th December, 2019 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi.

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NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis