

**CFSC BASIC NEEDS BASKET: LILONGWE, ZOMBA, BLANTYRE, MZUZU, MANGOCHI & KARONGA October, 2018**

**(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN**

ITEM	Lilongwe		Zomba		Blantyre		Mzuzu		Karonga		Mangochi	
Maize	6,857	13,714	6,800	13,600	7,500	15,000	8,250	16,500	5,000	10,000	7,500	15,000
Milling (Including Grinding)	271	3,794	400	5,600	250	3,500	495	6,930	400	5,600	400	5,600
Beans (0.8kg/day) 8 Days	700	4,480	1,150	7,360	793	5,075	992	6,349	825	5,280	733	4,691
Dry Usipa (250g/day) 4 days	4,375	4,375	4,714	4,714	6,029	6,029	4,667	4,667	3,500	3,500	5,833	5,833
Dry Utaka/Mcheni (200g/day) 4 days	4,600	3,680	4,571	3,657	6,486	5,189	6,267	5,014	4,250	3,400	6,667	5,334
Kapenta (200g/day) 4 days	6,125	4,900	4,743	3,794	6,429	5,143	3,417	2,734	6,514	5,211	4,333	3,466
Beef(1 kg/day) 4 days	2,350	9,400	2,400	9,600	2,157	8,628	2,500	10,000	1,800	7,200	2,500	10,000
Eggs (12/day) 4 days	88	4,224	90	4,320	100	4,800	98	4,704	105	5,040	100	4,800
Rape (750g/day) for 30 days	225	5,063	340	7,650	306	6,885	267	6,008	735	16,538	560	12,600
Tomato ( 0.5 Kg/day) 30 days	428	6,420	564	8,460	631	9,465	683	10,245	483	7,245	1,003	15,045
Onion (116g/day) 30 days	650	2,275	679	2,377	592	2,072	642	2,247	660	2,310	1,533	5,366
Fresh Milk (250ml/day) 30 days	308	4,620	347	5,205	306	4,590	362	5,430	150	2,250	300	4,500
Kazinga Cooking oil (100mls/day)30 dys	1,388	4,164	1,606	4,818	1,377	4,131	1,233	3,699	1,677	5,031	1,600	4,800
Bread (5 bkfst/ wk) 20 days	396	7,920	395	7,900	379	7,580	382	7,640	425	8,500	300	6,000
Sugar (2 Kgs /Week)	884	7,072	893	7,144	869	6,952	904	7,232	875	7,000	900	7,200
Kitchen Salt	293	293	336	336	237	237	432	432	390	390	300	300
Tea leaves (Chisangalalo)	90	3,600	75	3,000	51	2,040	98	3,920	70	2,800	90	3,600
Cassava /potatoes (2Kgx2Bkfst/)	275	4,400	200	3,200	230	3,680	143	2,288	262	4,192	192	3,072
<b>Sub-total</b>		<b>94,394</b>		<b>102,735</b>		<b>100,996</b>		<b>106,038</b>		<b>101,487</b>		<b>117,207</b>

**(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal (50 kgs)	10,021	20,042	10,000	20,000	11,071	22,142	11,650	23,300	7,500	15,000	8,333	16,666
Protex	425	4,250	413	4,130	416	4,160	452	4,520	470	4,700	483	4,830
Boom	351	2,808	364	2,912	343	2,744	417	3,336	465	3,720	350	2,800
Clere Body Lotion	485	970	444	888	503	1,006	597	1,194	500	1,000	450	900
Vaseline Blue Seal	763	1,526	808	1,616	736	1,472	758	1,066	790	1,580	800	1,600
Electricity	8,708	8,708	6,204	6,204	12,917	12,917	4,379	4,379	5,100	5,100	8,150	8,150
Running Water (meter)	10,650	10,650	6,486	6,486	11,967	11,967	6,682	6,682	8,058	8,058	8,228	8,228
Housing (3 bedroom)	46,000	46,000	34,292	34,292	40,834	40,834	22,317	22,317	20,600	20,600	31,667	31,667
<b>Sub-total</b>		<b>94,954</b>		<b>76,528</b>		<b>97,242</b>		<b>66,794</b>		<b>59,758</b>		<b>74,841</b>
<b>Total Basic Needs</b>		<b>189,348</b>		<b>179,263</b>		<b>198,238</b>		<b>172,832</b>		<b>161,245</b>		<b>192,048</b>

**(C) SOME OTHER ADDITIONAL COSTS**

	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi		
<b>Education</b>							Fuel (cost at the pump)	
Secondary (fees) per year	33563	27587	21250	41250	27003	21500	Diesel (per litre)	K990.40
Primary (GPF) per year	2288	3266	1825	7936	4900	2800	Petrol (per litre)	K990.30
Uniform/shoes (Primary) per year	6850	8156	9001	8023	10933	7133	Paraffin (per litre)	K785.00
Uniform/shoes (Secondary) per year	8922	11859	9657	10387	19351	8438		
Other (pens, books, etc.) per term	35907	16157	19075	5714	7800	14620		
<b>Minibus fare to town and back LL: MK1000; BT: MK416; ZA: MK400 – MK400; MZ: MK450 – MK500</b>								

AVG	Nov 2017	Dec 2017	Jan 2018	Feb 2018	Mar 2018	Apr 2018	May 2018	Jun 2018	Jul 2018	Aug 2018	Sept,2018	October,2018
Amount (MK)	<b>161,557</b>	<b>163,136</b>	<b>174,519</b>	<b>180,680</b>	<b>180,648</b>	<b>183,232</b>	<b>182,366</b>	<b>176,420</b>	<b>180,297</b>	<b>178,074</b>	<b>176,087</b>	<b>182,162</b>

NB: 1 USA dollar (\$) = K730 Malawian Kwacha (MK). The Social Conditions Research Program of the Centre for Social Concern Conducted these surveys from 19<sup>th</sup> and 20<sup>th</sup> October, 2018 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi.

**Center for Social Concern, P.O. Box 40009, Lilongwe, Malawi Tel: 265-1-715-632 Fax: 265-1-716-136: jkuppens@cfscmalawi.org or admin@cfscmalawi.org**

**NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis**