

CFSC RURAL BASIC NEED BASKET: Lilongwe rural (Kasiya), Dedza (Mayani), Zomba rural (Chingale area) & Chikwawa FEBRUARY 2016.

(A) Ideal Food Item	Ideal Quantity	TA Khongoni (LL)		TA Tambala (DZ)		TA Mlumbe (ZA)		TA Maseya (CK)	
		Price/Kg	Total Cost	Price/Kg	Total Cost	Price/Kg	Total Cost	Price/Kg	Total Cost
Maize	50Kg	K260	K13,000	K270	K13,500	K300	K15,000	K280	K14,000
Rice	20Kg	K600	K12,000	K500	K10,000	K660	K13,200	K700	K14,000
Sugar	6 Kg	K650	K3,900	K700	K4,200	K700	K4,200	K650	K3,900
Beans	13Kg	K800	K10,400	K600	K7,800	K700	K9,100	K850	K11,050
G/nuts	7Kg	K700	K4,900	K700	K4,900	K450	K3,150	K1100	K7,700
Eggs	40 eggs	K70	K2,800	K80	K3,200	K80	K3,200	K80	K3,200
G/meat	5Kg	K1400	K7,500	K1500	K7,500	K1400	K7,000	K1200	K6,000
Tomato	27Kg	K200	K5,400	K200	K5,400	K100	K2,700	K100	K2,700
Mustard	15Kg	K128	K1,920	K128	K1,920	K120	K1,800	K120	K1,800
Cooking oil	3Litres	K1500	K4,500	K1700	K5,100	K1700	K5,100	K1500	K4,500
Bananas	350 fingers	K20	K7,000	K20	K7,000	K25	K8,750	K20	K7,000
salt	1Kg	K200	K200	K200	K200	K300	K300	K370	K370
		Totals	K73,520		K69,920		K79,800		K76,220
	Ideal Total Kcal:2400 (WHO)	AFC= 1249 Kcal		AFC= 1715 Kcal		AFC=1338 Kcal		AFC= 1475 Kcal	
<p><i>Kcal stands for Kilocalories (energy) LL stands for Lilongwe DZ stands for Dedza CK stands for Chikwawa TA stands for Traditional Authority MK stands for Malawi Kwacha</i></p> <p><i>Exchange rate: MK 720 = 1USD AFC stands for Actual Food Consumption</i></p>									

(B) Ideal Non-Food Item	Ideal Quantity	TA Khongoni (LL)		TA Tambala (DZ)		TA Mlumbe (ZA)		TA Maseya (CK)	
		Price	Total Cost	Price	Total Cost	Price	Total Cost	Price	Total Cost
Butex	4 tablets	K170	K680	K180	K720	K180	K720	K200	K800
Nirma	23 tablets	K70	K1,610	K80	K1,840	K80	K1,840	K80	K1,840
Clere (250g)	3 bottles	K350	K1,050	K350	K1,050	K350	K1,050	K350	K1,050
Glycerine(small)	3 bottles	K150	K450	K150	K450	K150	K450	K150	K450
Bodycare jelly (big)	1 bottle	K1000	K1000	K1000	K1000	K1200	K1200	K1200	K1200
Airtime	K4500	1	K4500	K4500	K4500	K4500	K4500	K4500	K4500
Phone charging	10 times	K50	K500	K50	K500	K50	K500	K50	K500
Charcoal	2 bags	K1,700	K3,400	K3000	K6000	K1500	K3000	K2800	K5600
Batteries	9	K120	K1,080	K150	K1,350	K150	K1,350	K200	K1,800
Matches	9 boxes	K20	K180	K20	K180	K25	K225	K30	K270
Kukonoletsa	5 tins	K150	K750	K250	K1,250	K500	K2,500	K100	K500
Milling	5 tins	K150	K300	K250	K1,250	K500	K2,500	K100	K500
Razor blades	8 blades	K20	K160	K20	K160	K15	K120	K50	K400
Bicycle repair	1 month	K2,900	K2,900	K2900	K2,900	K2900	K2,900	1	K2900
Total Expenses (MK)			K19,010		K26,050		K22,855		K25,210

(C) School Expenses (Based on 2 secondary school and 2 primary school students expenses per month)

Ideal Item	Ideal Quantity	Price	Total Cost (Malawi Kawacha)
Note books	13 notebooks	K60	K780
Ball pens	5 ball points	K80	K400
Fees : Day secondary school	1 month	K4333	K4,333
Devevelopmen Fund (primary)	1 month	K55	K55
Dev elopment Fund (Sec ondary)	1 month	K166	K166
Rent for boarders	1 month	K3000	K3,000
Pocket money Primary	1 month	K2200	K2,200
Pocket money Secondary	1 month	K4400	K4,400
Sachels (cheap school bags)	1 month	K300	K300
Total Expenses (Malawi Kwacha)			K15,634

Note: School expenses are usually incurred on school term basis, which is 3 months, but above figures show the evenly spread expenses on monthly basis in order to capture them as well since the analysis is done on monthly basis. Expenses for secondary school students who rent a hostel or a house(especially for those far away from school), excludes expenses on food.

(D) Monthly Income (from different income sources)

Income source	TA Khongoni (LL)	TA Tambala (DZ)	TA Mlumbe (ZA)	TA Maseya (CK)
Ganyu/casual labour	K4,161	K659	K7,143	K920
Small business	K1,253	K3,664	K974	K968
Loans from institutions	K100	K1,440	K935	K3,340
Usury/Katapila	0	K250	K200	K200
Crop Sales	K1,305	K1,759	K1,315	K7,155
Livestock sales	K850	K10,219	K2,385	K5,620
Remittances	0	K2,757	K2,010	K700
Handouts/social	0	0	0	0
Wage Labour	0	K230	0	K10,754
Forest products	K108	K2,870	K170	0
Total Income	K7,835	K23,848	K15,132	K29,757

(E) COST OF LIVING (A+B+C) LL= MK 108,164 (Monthly Income=MK7,835); DZ= MK111,604(Monthly Income=MK23,848); ZA= MK118,289 (Monthly Income=MK15, 132); CK= MK117,064(Monthly Income=MK29,757) Note: Some Chikwawa community members are members of Sugarcane Outgrowers Cooperatives, hence earn higher monthly income as compared to other areas of study.

The Rural Basic Needs Basket Project under The Social Conditions Research Programme conducted these rural surveys during the month of February, 2016 in Kasiya (LL), Mayani (Dedza), Chingale(Zomba) and in Chikwawa.

Centre for Social Concern, P.O. Box 40009, Kanengo, Lilongwe 4, Malawi.

[Tel:+265-1-715-632](tel:+265-1-715-632) Fax:+265-1-716-136: jkuppens@cfscmalawi.org or admin@cfscmalawi.org