

CFSC RURAL BASIC NEED BASKET: Lilongwe rural (Kasiya), Dedza (Mayani), Zomba rural (Chingale area) & Chikwawa March 2016.

(A) Ideal Food Item	Ideal Quantity	TA Khongoni (LL)		TA Tambala (DZ)		TA Mlumbe (ZA)		TA Maseya (CK)	
		Price/Kg	Total Cost	Price/Kg	Total Cost	Price/Kg	Total Cost	Price/Kg	Total Cost
Maize	50Kg	K250	K12,500	K250	K12,500	K280	K14,000	K280	K14,000
Rice	20Kg	K600	K12,000	K700	K14,000	K800	K16,000	K800	K16,000
Sugar	6 Kg	K650	K3,900	K650	K3,900	K650	K3,200	K650	K3,900
Beans	13Kg	K600	K7,800	K400	K5,200	K750	K9,750	K750	K9,750
G/nuts	7Kg	K700	K4,900	K700	K4,900	K800	K5,600	K800	K5,600
Eggs	40 eggs	K70	K3,600	K70	K2,800	K80	K3,200	K80	K3,200
G/meat	5Kg	K1,400	K7,000	K1,600	K8,000	K1200	K6,000	K1200	K6,000
Tomato	27Kg	K200	K5,400	K200	K5,400	K100	K2,700	K100	K2,700
Mustard	15Kg	K128	K1,920	K128	K1,920	K120	K1,800	K120	K1,800
Cooking oil	3Litres	K1500	K4,500	K1,700	K5,100	K1,800	K5,400	K1,800	K5,400
Bananas	350 fingers	K20	K7,000	K20	K7,000	K25	K8,750	K20	K7,000
salt	1Kg	K200	K200	K170	K170	K300	K370	K370	K380
		Totals	K70,720		K70,990		K76,770		K75,730
	Ideal Total Kcal:2400 (WHO)	AFC= 1,920 Kcal		AFC= 1,405 Kcal		AFC=1,634 Kcal		AFC= 1,506 Kcal	
<p><i>Kcal stands for Kilocalories (energy) LL stands for Lilongwe DZ stands for Dedza CK stands for Chikwawa TA stands for Traditional Authority MK stands for Malawi Kwacha</i></p> <p><i>Exchange rate: MK 720 = 1USD AFC stands for Actual Food Consumption</i></p>									

(B) Ideal Non-Food Item	Ideal Quantity	TA Khongoni (LL)		TA Tambala (DZ)		TA Mlumbe (ZA)		TA Maseya (CK)	
		Price	Total Cost	Price	Total Cost	Price	Total Cost	Price	Total Cost
Butex	4 tablets	K170	K680	K180	K720	K200	K800	K350	K1,400
Nirma	23 tablets	K70	K1,610	K80	K1,840	K80	K1,840	K80	K1,840
Clere (250g)	3 bottles	K350	K1,050	K300	K900	K350	K1,050	K350	K1,050
Glycerine(small)	3 bottles	K150	K450	K150	K450	K150	K450	K250	K750
Bodycare jelly (big)	1 bottle	K1000	K1000	K1000	K1000	K1,200	K1,200	K1,200	K1,200
Airtime	K4500	1	K4500	K4500	K4500	K4500	K4500	K4500	K4500
Phone charging	10 times	K50	K500	K50	K500	K50	K500	K50	K500
Charcoal	2 bags	K3000	K6,000	K3000	K6000	K2,800	K5,600	K3,000	K6,000
Batteries	9	K150	K1,350	K150	K1,350	K200	K1,800	K220	K1,980
Matches	9 boxes	K20	K180	K25	K225	K25	K225	K30	K270
Kukonoletsa	5 tins	K150	K750	K250	K1,250	K500	K2,500	K150	K750
Milling	5 tins	K150	K300	K250	K1,250	K500	K2,500	K150	K750
Razor blades	8 blades	K20	K160	K20	K160	K15	K120	K50	K400
Bicycle repair	1 month	K2,900	K2,900	K2900	K2,900	K2900	K2,900	1	K2900
Total Expenses (MK)			K21,430		K23,045		K25,985		K24,290

(C) School Expenses (Based on 2 secondary school and 2 primary school students expenses per month)

Ideal Item	Ideal Quantity	Price	Total Cost (Malawi Kawacha)
Note books	13 notebooks	K60	K780
Ball pens	5 ball points	K80	K400
Fees : Day secondary school	1 month	K4333	K4,333
Devevelopmen Fund (primary)	1 month	K55	K55
Dev elopment Fund (Sec ondary)	1 month	K166	K166
Rent for boarders	1 month	K3000	K3,000
Pocket money Primary	1 month	K2200	K2,200
Pocket money Secondary	1 month	K4400	K4,400
Sachels (cheap school bags)	1 month	K300	K300
Total Expenses (Malawi Kwacha)			K15,634

Note: School expenses are usually incurred on school term basis, which is 3 months, but above figures show the evenly spread expenses on monthly basis in order to capture them as well since the analysis is done on monthly basis. Expenses for secondary school students who rent a hostel or a house(especially for those far away from school), excludes expenses on food.

(D) Monthly Income (from different income sources)

Income source	TA Khongoni (LL)	TA Tambala (DZ)	TA Mlumbe (ZA)	TA Maseya (CK)
Ganyu/casual labour	K1,920	K1,600	K3,240	K50
Small business	0	K450	K550	K100
Loans from institutions	0	K1,371	K570	K7,380
Usury/Katapila	0	K900	K200	0
Crop Sales	K6,583	K1,986	K1,873	0
Livestock sales	0	K1,760	K213	K120
Remittances	K390	K875	K2,170	0
Handouts/social	0	0	0	0
Wage Labour	0	0	0	K1,500
Forest products	0	K195	K315	0
Total Income	K8,893	K9,137	K9,131	K9,150

(E) COST OF LIVING (A+B+C) LL= MK 107,784 (Monthly Income=MK8,893); DZ= MK109,669(Monthly Income=MK8,137); ZA= MK118,389 (Monthly Income=MK9,131); CK= MK115,654(Monthly Income=MK9,150) Note: Some Chikwawa community members are members of Sugarcane Outgrowers Cooperatives, hence earn higher monthly income as compared to other areas of study.

The Rural Basic Needs Basket Project under The Social Conditions Research Programme conducted these rural surveys during the month of March, 2016 in Kasiya (LL), Mayani (Dedza), Chingale(Zomba) and in Chikwawa.

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