

CFSC RURAL BASIC NEED BASKET: Lilongwe rural (Kasiya), Dedza (Mayani), Zomba rural (Chingale area) & Chikwawa April 2016.

(A) Ideal Food Item	Ideal Quantity	TA Khongoni (LL)		TA Tambala (DZ)		TA Mlumbe (ZA)		TA Maseya (CK)	
		Price/Kg	Total Cost	Price/Kg	Total Cost	Price/Kg	Total Cost	Price/Kg	Total Cost
Maize	50Kg	K180	K9,000	K250	K12,500	K180	K9,000	K240	K12,000
Rice	20Kg	K600	K12,000	K500	K10,000	K600	K12,000	K900	K18,000
Sugar	6 Kg	K650	K3,900	K650	K3,900	K700	K4,200	K650	K3,900
Beans	13Kg	K500	K6,500	K450	K5,850	K700	K9,100	K800	K10,400
G/nuts	7Kg	K700	K4,900	K700	K4,900	K700	K4,900	K700	K4,900
Eggs	40 eggs	K70	K2,800	K70	K2,800	K90	K3,600	K80	K3,200
G/meat	5Kg	K1500	K7,500	K1800	K9,000	K1400	K7,000	K1200	K6,000
Tomato	27Kg	K200	K5,400	K200	K5,400	K140	K3,780	K300	K8,100
Mustard	15Kg	K128	K1,920	K128	K1,920	K500	K7,500	K250	K3,750
Cooking oil	3Litres	K1700	K5,100	K1700	K5,100	K1700	K5,100	K1500	K4,500
Bananas	350 fingers	K20	K7,000	K30	K10,500	K20	K7,000	K30	K10,500
salt	1Kg	K200	K200	K200	K200	K300	K300	K380	K380
		Totals	K66,220		K72,070		K73,480		K85,630
	Ideal Total Kcal:2400 (WHO)	AFC= 1,397 Kcal		AFC= 1,794 Kcal		AFC=1,261 Kcal		AFC= 1,321 Kcal	
<p><i>Kcal stands for Kilocalories (energy) LL stands for Lilongwe DZ stands for Dedza CK stands for Chikwawa TA stands for Traditional Authority MK stands for Malawi Kwacha</i></p> <p><i>Exchange rate: MK 720 = 1USD AFC stands for Actual Food Consumption</i></p>									

(B) Ideal Non-Food Item	Ideal Quantity	TA Khongoni (LL)		TA Tambala (DZ)		TA Mlumbe (ZA)		TA Maseya (CK)	
		Price	Total Cost	Price	Total Cost	Price	Total Cost	Price	Total Cost
Butex	4 tablets	K170	K680	K180	K720	K175	K700	K350	K1,400
Nirma	23 tablets	K70	K1,610	K80	K1,840	K80	K1,840	K80	K1,840
Clere (250g)	3 bottles	K350	K1,050	K300	K900	K280	K840	K350	K1,050
Glycerine(small)	3 bottles	K150	K450	K150	K450	K140	K420	K250	K750
Bodycare jelly (big)	1 bottle	K1000	K1000	K1000	K1000	K1,200	K1,200	K1,200	K1,200
Airtime	K4500	1	K4500	K4500	K4500	K4500	K4500	K4500	K4500
Phone charging	10 times	K50	K500	K50	K500	K50	K500	K50	K500
Charcoal	2 bags	K3000	K6,000	K3000	K6000	K1,500	K3000	K3500	K7000
Batteries	9	K150	K1,350	K150	K1,350	K300	K2,700	K240	K2,160
Matches	9 boxes	K20	K180	K25	K225	K30	K270	K30	K270
Kukonoletsa	5 tins	K150	K750	K250	K1,250	K500	K2,500	K100	K500
Milling	5 tins	K150	K300	K250	K1,250	K500	K2,500	K100	K500
Razor blades	8 blades	K20	K160	K20	K160	K15	K120	K50	K400
Bicycle repair	1 month	K2,900	K2,900	K2900	K2,900	K2900	K2,900	1	K2900
Total Expenses (MK)			K20,750		K23,045		K23,990		K24,970

(C) School Expenses (Based on 2 secondary school and 2 primary school students expenses per month)

Ideal Item	Ideal Quantity	Price	Total Cost (Malawi Kawacha)
Note books	13 notebooks	K60	K780
Ball pens	5 ball points	K80	K400
Fees : Day secondary school	1 month	K4333	K4,333
Devevelopmen Fund (primary)	1 month	K55	K55
Dev elopment Fund (Sec ondary)	1 month	K166	K166
Rent for boarders	1 month	K3000	K3,000
Pocket money Primary	1 month	K2200	K2,200
Pocket money Secondary	1 month	K4400	K4,400
Sachels (cheap school bags)	1 month	K300	K300
Total Expenses (Malawi Kwacha)			K15,634

Note: School expenses are usually incurred on school term basis, which is 3 months, but above figures show the evenly spread expenses on monthly basis in order to capture them as well since the analysis is done on monthly basis. Expenses for secondary school students who rent a hostel or a house(especially for those far away from school), excludes expenses on food.

(D) Monthly Income (from different income sources)

Income source	TA Khongoni (LL)	TA Tambala (DZ)	TA Mlumbe (ZA)	TA Maseya (CK)
Ganyu/casual labour	K610	K450	K3,500	K13,453
Small business	K510	K1,679	K1,550	K500
Loans from institutions	0	K1,250	K1,500	K3,847
Usury/Katapila	0	0	K600	0
Crop Sales	K7,248	K2,328	K1,930	K3,771
Livestock sales	K140	K1,692	K650	K5,584
Remittances	K315	K717	K770	K2,095
Handouts/social	0	0	0	0
Wage Labour	0	0	0	K10,090
Forest products	0	K150	0	K1,728
Total Income	K8,823	K8,266	K17,700	K41,068

(E) COST OF LIVING (A+B+C) LL= MK 102,604 (Monthly Income=MK8, 238); DZ= MK110,749(Monthly Income=MK8,266); ZA= MK113,104 (Monthly Income=MK17,700); CK= MK126,234(Monthly Income=MK30,568) Note: Some Chikwawa community members are members of Sugarcane Outgrowers Cooperatives, hence earn higher monthly income as compared to other areas of study.

The Rural Basic Needs Basket Project under The Social Conditions Research Programme conducted these rural surveys during the month of April, 2016 in Kasiya (LL), Mayani (Dedza), Chingale(Zomba) and in Chikwawa.

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