

**CFSC RURAL BASIC NEED BASKET: Lilongwe rural (Kasiya), Dedza (Mayani), Zomba rural (Chingale area) & Chikwawa May 2016.**

(A) Ideal Food Item	Ideal Quantity	TA Khongoni (LL)		TA Tambala (DZ)		TA Mlumbe (ZA)		TA Maseya (CK)	
		Price/Kg	Total Cost	Price/Kg	Total Cost	Price/Kg	Total Cost	Price/Kg	Total Cost
Maize	50Kg	K180	K9,000	K150	K7,500	K180	K9,000	K240	K12,000
Rice	20Kg	K600	K12,000	K700	K14,000	K600	K12,000	K900	K18,000
Sugar	6 Kg	K650	K3,900	K650	K3,900	K700	K4,200	K650	K3,900
Beans	13Kg	K600	K7,800	K600	K7,800	K700	K9,100	K800	K10,400
G/nuts	7Kg	K700	K4,900	K700	K4,900	K700	K4,900	K700	K4,900
Eggs	40 eggs	K90	K3,600	K90	K3,600	K90	K3,600	K80	K3,200
G/meat	5Kg	K1500	K7,500	K1800	K9,000	K1400	K7,000	K1200	K6,000
Tomato	27Kg	K200	K5,400	K200	K5,400	K140	K3,780	K300	K8,100
Mustard	15Kg	K500	K7,500	K250	K3,750	K500	K7,500	K250	K3,750
Cooking oil	3Litres	K1700	K5,100	K1500	K4,500	K1700	K5,100	K1500	K4,500
Bananas	350 fingers	K20	K7,000	K30	K10,500	K20	K7,000	K30	K10,500
salt	1Kg	K200	K200	K200	K200	K300	K300	K380	K380
		<b>Totals</b>	<b>K73,900</b>		<b>K75,950</b>		<b>K73,480</b>		<b>K85,630</b>
	<b>Ideal Total Kcal:2400 (WHO)</b>	<b>AFC= 1884 Kcal</b>		<b>AFC= 1366 Kcal</b>		<b>AFC=1311 Kcal</b>		<b>AFC= 1321 Kcal</b>	
<p><i>Kcal stands for Kilocalories (energy) LL stands for Lilongwe DZ stands for Dedza CK stands for Chikwawa TA stands for Traditional Authority MK stands for Malawi Kwacha</i></p> <p><i>Exchange rate: MK 720 = 1USD AFC stands for Actual Food Consumption</i></p>									

(B) Ideal Non-Food Item	Ideal Quantity	TA Khongoni (LL)		TA Tambala (DZ)		TA Mlumbe (ZA)		TA Maseya (CK)	
		Price	Total Cost	Price	Total Cost	Price	Total Cost	Price	Total Cost
Butex	4 tablets	K170	K680	K170	K680	K200	K800	K350	K1,400
Nirma	23 tablets	K80	K1,840	K80	K1,840	K80	K1,840	K80	K1,840
Clere (250g)	3 bottles	K350	K1,050	K250	K750	K350	K1,050	K350	K1,050
Glycerine(small)	3 bottles	K150	K450	K120	K360	K140	K420	K250	K750
Bodycare jelly (big)	1 bottle	K1000	K1000	K1000	K1000	K1000	K1000	K1000	K1000
Airtime	K4500	1	K4500	K4500	K4500	K4500	K4500	K4500	K4500
Phone charging	10 times	K50	K500	K50	K500	K50	K500	K50	K500
Charcoal	2 bags	K1700	K3,400	K3000	K6000	K2500	K5000	K3500	K7000
Batteries	9	K100	K900	K150	K1,350	K140	K1,260	K140	K1,260
Matches	9 boxes	K20	K180	K20	K180	K30	K270	K30	K270
Kukonoletsa	5 tins	K150	K750	K250	K1,250	K250	K1,250	K100	K500
Milling	5 tins	K150	K300	K250	K1,250	K250	K1,250	K100	K500
Razor blades	8 blades	K20	K160	K20	K160	K15	K120	K50	K400
Bicycle repair	1 month	K2,900	K2,900	K2900	K2,900	K2900	K2,900	1	K2900
<b>Total Expenses (MK)</b>			<b>K18,610</b>		<b>K22,720</b>		<b>K22,160</b>		<b>K23,870</b>

**(C) School Expenses (Based on 2 secondary school and 2 primary school students expenses per month)**

<b>Ideal Item</b>	<b>Ideal Quantity</b>	<b>Price</b>	<b>Total Cost (Malawi Kawacha)</b>
Note books	13 notebooks	<b>K60</b>	<b>K780</b>
Ball pens	5 ball points	<b>K80</b>	<b>K400</b>
Fees : Day secondary school	1 month	<b>K4333</b>	<b>K4,333</b>
Devevelopmen Fund (primary)	1 month	<b>K55</b>	<b>K55</b>
Dev elopment Fund (Sec ondary)	1 month	<b>K166</b>	<b>K166</b>
Rent for boarders	1 month	<b>K3000</b>	<b>K3,000</b>
Pocket money Primary	1 month	<b>K2200</b>	<b>K2,200</b>
Pocket money Secondary	1 month	<b>K4400</b>	<b>K4,400</b>
Sachels (cheap school bags)	1 month	<b>K300</b>	<b>K300</b>
<b>Total Expenses (Malawi Kwacha)</b>			<b>K15,634</b>

**Note: School expenses are usually incurred on school term basis, which is 3 months, but above figures show the evenly spread expenses on monthly basis in order to capture them as well since the analysis is done on monthly basis. Expenses for secondary school students who rent a hostel or a house(especially for those far away from school), excludes expenses on food.**

**(D) Monthly Income (from different income sources)**

Income source	TA Khongoni (LL)	TA Tambala (DZ)	TA Mlumbe (ZA)	TA Maseya (CK)
Ganyu/casual labour	K1,635	K1,150	K2,532	K3,453
Small business	K960	0	K2,018	K3,847
Loans from institutions	0	0	K735	0
Usury/Katapila	0	0	K430	0
Crop Sales	K13,683	K6,641	K6,316	K3,771
Livestock sales	K2,380	0	K2,532	K5,584
Remittances	K250	K500	K1,518	K2,095
Handouts/social	0	0	0	0
Wage Labour	0	0	0	K10,090
Forest products	0	K200	K500	K1,728
<b>Total Income</b>	<b>K18,908</b>	<b>K8,491</b>	<b>K16,581</b>	<b>K30,568</b>

(E) COST OF LIVING (A+B+C) LL= MK 108,144 (Monthly Income=MK18,908); DZ= MK114,304(Monthly Income=MK8,491); ZA= MK111,274 (Monthly Income=MK16,581); CK= MK125,134(Monthly Income=MK30,568) Note: Some Chikwawa community members are members of Sugarcane Outgrowers Cooperatives, hence earn higher monthly income as compared to other areas of study.

*The Rural Basic Needs Basket Project under The Social Conditions Research Programme conducted these rural surveys during the month of May, 2016 in Kasiya (LL), Mayani (Dedza), Chingale(Zomba) and in Chikwawa.*

**Centre for Social Concern, P.O. Box 40009, Kanengo, Lilongwe 4, Malawi.**

**[Tel:+265-1-715-632](tel:+265-1-715-632) Fax:+265-1-716-136: [jkuppens@cfscmalawi.org](mailto:jkuppens@cfscmalawi.org) or [admin@cfscmalawi.org](mailto:admin@cfscmalawi.org)**