

**CFSC BASIC NEEDS BASKET BASKET: LILONGWE, ZOMBA, BLANTYRE, MZUZU, MANGOCHI AND KARONGA MARCH,2022**

<b>(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN</b>													
ITEM	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi							
Maize	9,500	19,000	9,600	19,200	10,250	20,500	9,250	18,500	8,750	17,500	11,000	22,000	
Milling (Including Grinding)	357	4,998	525	7,350	300	4,200	375	5,250	700	9,800	500	7,000	
Beans (0.8kg/day) 8 Days	1,238	7,923	1,500	9,600	1,500	9,600	1,750	11,200	700	4,480	1,400	8,960	
Dry Usipa (250g/day) 4 days	7,188	7,188	8,000	8,000	8,786	8,786	3,667	3,667	4,000	4,000	7,333	7,333	
Dry Utaka/Mcheni (200g/day) 4 days	7,688	6,150	6,429	5,143	10,857	8,686	8,917	7,134	3,250	2,600	6,833	5,466	
Kapenta (200g/day) 4 days	0	0	6,343	5,074	11,857	9,486	3,717	2,974	0	0	7,000	5,600	
Beef(1 kg/day) 4 days	2,956	11,824	3,000	12,000	2,571	10,284	3,000	12,000	2,500	10,000	3,000	12,000	
Eggs (12/day) 4 days	116	5,568	120	5,760	120	5,760	120	5,760	120	5,760	130	6,240	
Rape (750g/day) for 30 days	271	6,098	529	11,903	479	10,778	419	9,428	480	10,800	617	13,883	
Tomato ( 0.5 Kg/day) 30 days	523	7,845	1,086	16,290	704	10,560	618	9,270	763	11,445	1,067	16,005	
Onion (116g/day) 30 days	1,225	4,288	1,700	5,950	1,157	4,050	1,587	5,555	1,038	3,633	1,700	5,950	
Fresh Milk (250ml/day) 30 days	386	5,790	379	5,685	354	5,310	400	6,000	400	6,000	400	6,000	
Kazinga Cooking oil (100mls/day)30 days	3,263	9,789	3,807	11,421	3,564	10,692	2,867	8,601	3,450	10,350	3,200	9,600	
Bread (5 bkfst/ wk) 20 days	831	16,620	825	16,500	811	16,220	808	16,160	830	16,600	783	15,660	
Sugar (2 Kgs /Week)	881	7,048	893	7,144	886	7,088	967	7,736	885	7,080	900	7,200	
Kitchen Salt	394	394	504	504	314	314	692	692	390	390	400	400	
Tea leaves (Chisangalalo)	113	4,520	169	6,760	50	2,000	182	7,280	100	4,000	125	5,000	
Cassava /potatoes (2Kgx2Bkfst/)	88	1,408	293	4,688	379	6,064	199	3,184	352	5,632	257	4,112	
<b>Sub-total</b>		<b>126,451</b>		<b>158,972</b>		<b>150,376</b>		<b>140,389</b>		<b>130,070</b>		<b>158,409</b>	
<b>(B) COST OF ESSENTIAL NON-FOOD ITEMS</b>													
Charcoal (50 kgs)	9,790	19,580	13,509	27,018	18,214	36,428	14,583	29,166	7,470	14,940	15,179	30,358	
Protex	556	5,560	636	6,360	600	6,000	603	6,030	550	5,500	783	7,830	
Boom	619	4,952	614	4,912	714	5,712	550	4,400	570	4,560	2,800	22,400	
Clere Body Lotion	390	780	424	848	356	712	338	676	425	850	408	816	
Vaseline Blue Seal	956	1,912	1,146	2,292	914	1,828	1,045	1,066	1,000	2,000	800	1,600	
Electricity	10,518	10,518	10,143	10,143	15,419	15,419	6,473	6,473	5,423	5,423	7,907	7,907	
Running Water (meter)	7,067	7,067	6,912	6,912	13,987	13,987	7,512	7,512	8,379	8,379	8,642	8,642	
Housing (3 bedroom)	56,227	56,227	43,415	43,415	59,236	59,236	28,799	28,799	23,981	23,981	33,003	33,003	
<b>Sub-total</b>		<b>106,596</b>		<b>101,900</b>		<b>139,322</b>		<b>84,122</b>		<b>65,632</b>		<b>112,556</b>	
<b>Total Basic Needs</b>		<b>233,047</b>		<b>260,872</b>		<b>289,698</b>		<b>224,511</b>		<b>195,702</b>		<b>270,965</b>	
<b>(C) SOME OTHER ADDITIONAL COSTS</b>													
	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi							
Education													
Secondary (fees) per year	31,875	17,719	22,592	45,000	31,506			30,000					
Primary (GPF) per year	3,150	10,297	3,824	1,463	6,000			3,000					
Uniform/shoes (Primary) per year	18,525	27,502	51,127	32,027	40,100			25,075					
Uniform/shoes (Secondary) per year	29,400	35,220	39,772	38,192	58,826			24,104					
Other (pens, books, etc.) per term	13,900	7,145	15,303	10,295	17,370			17,300					
<b>Minibus fare to town and back LL: MK1400; BT: MK700; ZA: MK500 – MK600; MZ: MK550 – MK600</b>													
<b>Average</b>	Mar,2021	Apr, 2021	May,2021	June,2021	July,2021	Aug,2021	Sept,2021	Oct, 2021	Dec,2021	Jan,2022	Feb,2022	March,2022	
Amount (MK)	<b>208,926</b>	<b>207,409</b>	<b>203,988</b>	<b>203,568</b>	<b>203,430</b>	<b>205,733</b>	<b>208,427</b>	<b>206,772</b>	<b>229,587</b>	<b>235584</b>	<b>242394</b>	<b>245,799</b>	

NB: 1 USA dollar (\$) = K831 Malawian Kwacha (MK). The Social Conditions Research Programm of the Centre for Social Concern Conducted these surveys from 23<sup>rd</sup> and 24<sup>th</sup> March, 2022 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi

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**NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis**