



CFSC BASIC NEEDS BASKET BASKET: LILONGWE, ZOMBA, BLANTYRE, MZUZU, MANGOCHI AND KARONGA June 2022

(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN												
ITEM	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi						
Maize	13,143	26,286	13,800	27,600	14,583	29,166	11,083	22,166	15,750	31,500	14,000	28,000
Milling (Including Grinding)	400	5,600	567	7,938	400	5,600	375	5,250	700	9,800	700	9,800
Beans (0.8kg/day) 8 Days	1,275	8,160	1,800	11,520	1,486	9,510	1,808	11,571	700	4,480	1,333	8,531
Dry Usipa (250g/day) 4 days	7,875	7,875	8,571	8,571	10,500	10,500	6,000	6,000	0	0	8,667	8,667
Dry Utaka/Mcheni (200g/day) 4 days	8,875	7,100	8,571	6,857	10,714	8,571	10,417	8,334	2,500	2,000	7,500	6,000
Kapenta (200g/day) 4 days	0	0	8,743	6,994	13,286	10,629	3,667	2,934	2,500	2,000	8,500	6,800
Beef(1 kg/day) 4 days	3,400	13,600	3,500	14,000	2,829	11,316	3,500	14,000	3,000	12,000	3,267	13,068
Eggs (12/day) 4 days	141	6,768	147	7,056	120	5,760	132	6,336	145	6,960	150	7,200
Rape (750g/day) for 30 days	380	8,550	393	8,843	457	10,283	453	10,193	450	10,125	511	11,498
Tomato (0.5 Kg/day) 30 days	875	13,125	764	11,460	750	11,250	1,003	15,045	783	11,745	850	12,750
Onion (116g/day) 30 days	925	3,238	1,129	3,952	821	2,874	1,728	6,048	800	2,800	1,267	4,435
Fresh Milk (250ml/day) 30 days	456	6,840	459	6,885	371	5,565	500	7,500	425	6,375	500	7,500
Kazinga Cooking oil (100mls/day)30 days	3,824	11,472	4,257	12,771	3,807	11,421	3,783	11,349	3,700	11,100	4,167	12,501
Bread (5 bnfsts / wk) 20 days	938	18,760	900	18,000	926	18,520	900	18,000	1,000	20,000	917	18,340
Sugar (2 Kgs /Week)	1,150	9,200	1,200	9,600	1,157	9,256	1,200	9,600	1,225	9,800	1,167	9,336
Kitchen Salt	488	488	500	500	486	486	824	824	390	390	500	500
Tea leaves (Chisangalalo)	113	4,520	153	6,120	50	2,000	185	7,400	100	4,000	175	7,000
Cassava /potatoes (2Kgx2Bkfst/)	219	3,504	207	3,312	371	5,936	193	3,088	325	5,200	133	2,128
Sub-total		155,086		171,978		168,642		165,637		150,275		174,053
(B) COST OF ESSENTIAL NON-FOOD ITEMS												
Charcoal (50 kgs)	9,396	18,792	15,813	31,626	20,000	40,000	18,333	36,666	7,500	15,000	12,500	25,000
Protex	713	7,130	806	8,060	700	7,000	725	7,250	650	6,500	850	8,500
Boom	763	6,104	814	6,512	757	6,056	500	4,000	650	5,200	867	6,936
Clere Body Lotion	447	894	459	918	454	908	363	726	600	1,200	483	966
Vaseline Blue Seal	1,513	3,026	1,386	2,772	1,307	2,614	1,350	1,066	1,450	2,900	800	1,600
Electricity	10,829	10,829	11,584	11,584	16,102	16,102	6,473	6,473	5,529	5,529	5,681	5,681
Running Water (meter)	12,356	12,356	10,111	10,111	13,560	13,560	7,512	7,512	8,601	8,601	8,761	8,761
Housing (3 bedroom)	64,393	64,393	48,480	48,480	56,723	56,723	28,799	28,799	20,713	20,713	36,991	36,991
Sub-total		123,524		120,063		142,963		92,492		65,643		94,435
Total Basic Needs		278,610		292,041		311,605		258,129		215,918		268,488
(C) SOME OTHER ADDITIONAL COSTS												
	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi						
Education												
Secondary (fees) per year	40,543	30,370	23,007	45,000	45,000	30,000						
Primary (GPF) per year	2,371	6,538	3,824	1,463	6,544	3,037						
Uniform/shoes (Primary) per year	15,525	35,645	50,719	32,027	39,399	43,367						
Uniform/shoes (Secondary) per year	28,941	36,531	40,014	38,192	52,640	46,400						
Other (pens, books, etc.) per term	19,308	8,244	15,525	10,295	14,781	23,925						
Minibus fare to town and back LL: MK1400; BT: MK700; ZA: MK500 – MK600; MZ: MK550 – MK600												
Monthly Average	June,2021	July,2021	Aug,2021	Sept,2021	Oct, 2021	Dec,2021	Jan,2022	Feb,2022	March,2022	April 2022	May,2022	June,2022
Amount (MK)	203,568	203,430	205,733	208,427	206,772	229,587	235,584	242,394	245,799	250,243	257,028	270,798.57
NB: 1 USA dollar (\$) = K1,028.48 Malawian Kwacha (MK). Source National Bank of Malawi: The Social Conditions Research Programm of the Centre for Social Concern Conducted these surveys from 23 rd and 24 th June, 2022 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi												
Centre for Social Concern, P.O. Box 40049, Lilongwe, Malawi Tel: 265-991-843-249: director@cfscmafr.org or admin@cfscmafr.org												
NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis												

Fuel (cost at the pump)	
Diesel (per litre)	K1,920
Petrol (per litre)	K1,999
Paraffin (per litre)	K1,236