



CFSC BASIC NEEDS BASKET BASKET: LILONGWE, ZOMBA, BLANTYRE, MZUZU, MANGOCHI AND KARONGA August 2022

(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN												
ITEM	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi						
Maize	15,714	31,428	19,400	38,800	18,833	37,666	17,000	34,000	16,250	32,500	17,000	34,000
Milling (Including Grinding)	1,071	14,994	583	8,162	300	4,200	583	8,162	700	9,800	700	9,800
Beans (0.8kg/day) 8 Days	1,438	9,203	2,657	17,005	1,714	10,970	2,050	13,120	700	4,480	1,433	9,171
Dry Usipa (250g/day) 4 days	7,350	7,350	5,657	5,657	11,714	11,714	4,500	4,500	2,750	2,750	7,000	7,000
Dry Utaka/Mcheni (200g/day) 4 days	8,375	6,700	6,429	5,143	10,714	8,571	6,917	5,534	3,300	2,640	8,333	6,666
Kapenta (200g/day) 4 days	1,250	1,000	6,343	5,074	16,714	13,371	3,667	2,934	2,500	2,000	16,000	12,800
Beef(1 kg/day) 4 days	3,813	15,252	3,643	14,572	3,714	14,856	4,167	16,668	3,500	14,000	4,000	16,000
Eggs (12/day) 4 days	130	6,240	158	7,584	203	9,744	148	7,104	150	7,200	150	7,200
Rape (750g/day) for 30 days	310	6,975	471	10,598	543	12,218	580	13,050	580	13,050	467	10,508
Tomato (0.5 Kg/day) 30 days	788	11,820	1,486	22,290	1,307	19,605	1,262	18,930	670	10,050	807	12,105
Onion (116g/day) 30 days	1,178	4,123	1,729	6,052	964	3,374	1,328	4,648	825	2,888	1,367	4,785
Fresh Milk (250ml/day) 30 days	450	6,750	440	6,600	443	6,645	683	10,245	550	8,250	500	7,500
(100mls/day)30 days	3,838	11,514	4,271	12,813	3,807	11,421	3,825	11,475	3,380	10,140	4,000	12,000
Bread (5 bnfsts / wk) 20 days	1,075	21,500	1,100	22,000	1,100	22,000	1,067	21,340	1,050	21,000	1,117	22,340
Sugar (2 Kgs /Week)	1,200	9,600	1,193	9,544	1,214	9,712	1,275	10,200	1,050	8,400	1,300	10,400
Kitchen Salt	475	475	521	521	557	557	963	963	390	390	500	500
Tea leaves (Chisangalalo)	238	9,520	143	5,720	50	2,000	180	7,200	100	4,000	128	5,120
Cassava /potatoes (2Kg2Bkfst/)	413	6,608	284	4,544	414	6,624	241	3,856	482	7,712	290	4,640
Sub-total		181,052		202,678		205,248		193,928		161,250		192,535
(B) COST OF ESSENTIAL NON-FOOD ITEMS												
Charcoal (50 kgs)	22,977	45,954	15,863	31,726	21,429	42,858	20,000	40,000	7,500	15,000	16,250	32,500
Protex	769	7,690	862	8,620	783	7,830	917	9,170	650	6,500	867	8,670
Boom	781	6,248	828	6,624	814	6,512	658	5,264	650	5,200	800	6,400
Clerc Body Lotion	469	938	470	940	496	992	383	766	325	650	617	1,234
Vaseline Blue Seal	1,663	3,326	1,786	3,572	1,307	2,614	1,938	1,066	1,500	3,000	800	1,600
Electricity	12,339	12,339	10,580	10,580	15,789	15,789	7,016	7,016	5,599	5,599	5,681	5,681
Running Water (meter)	11,052	11,052	11,194	11,194	15,227	15,227	6,820	6,820	9,490	9,490	8,761	8,761
Housing (3 bedroom)	73,443	73,443	47,679	47,679	58,719	58,719	34,736	34,736	22,225	22,225	36,991	36,991
Sub-total		160,990		120,935		355,789		104,838		67,664		101,837
Total Basic Needs		342,042		323,613		355,789		298,766		228,914		294,372
(C) SOME OTHER ADDITIONAL COSTS												
	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi						
Education												
Secondary (fees) per year	38,250	30,284	22,924	46,500	32,054	30,000						
Primary (GPF) per year	2,100	4,973	3,846	1,289	6,175	3,037						
Uniform/shoes (Primary) per year	28,125	34,979	53,055	47,011	41,924	43,367						
Uniform/shoes (Secondary) per year	54,000	33,308	40,989	69,610	55,721	46,400						
Other (pens, books, etc.) per term	22,016	9,709	17,363	10,422	18,740	23,925						
Minibus fare to town and back LL: MK1400; BT: MK700; ZA: MK500 – MK600; MZ: MK550 – MK600												
Monthly Average	Aug,2021	Sept,2021	Oct, 2021	Dec,2021	Jan,2022	Feb,2022	March,2022	April 2022	May,2022	June,2022	July 2022	Aug 2022
Amount (MK)	205,733	208,427	206,772	229,587	235,584	242,394	245,799	250,243	257,028	270,799	288,180	307,249

Fuel (cost at the pump)	
Diesel (per litre)	K1920
Petrol (per litre)	K1999
Paraffin (per litre)	K1236

NB: 1 USA dollar (\$) = K1,033 Malawian Kwacha (MK). Source National Bank of Malawi: The Social Conditions Research Programm of the Centre for Social Concern Conducted these surveys from 23rd and 24th August, 2022 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi

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NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis