



**CFSC BASIC NEEDS BASKET BASKET: LILONGWE, ZOMBA, BLANTYRE, MZUZU, MANGOCHI AND KARONGA NOVEMBER 2022**

**(A) COST OF BASIC FOOD ITEMS FOR A HOUSEHOLD SIZE OF SIX PEOPLE IN**

ITEM	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi
Maize	22,875	45,750	25,600	51,200	27,167	54,334
Milling (Including Grinding)	443	6,202	600	8,400	400	5,600
Beans (0.8kg/day) 8 Days	1,488	9,523	1,800	11,520	1,729	11,066
Dry Usipa (250g/day) 4 days	9,125	9,125	6,857	6,857	14,714	14,714
Dry Utaka/Mcheni (200g/day) 4 days	8,250	6,600	7,714	6,171	12,286	9,829
Kapenta (200g/day) 4 days	0	0	6,343	5,074	16,286	13,029
Beef(1 kg/day) 4 days	4,000	16,000	3,857	15,428	3,714	14,856
Eggs (12/day) 4 days	144	6,912	150	7,200	157	7,536
Rape (750g/day) for 30 days	378	8,505	557	12,533	457	10,283
Tomato ( 0.5 Kg/day) 30 days	510	7,650	521	7,815	986	14,790
Onion (116g/day) 30 days	955	3,343	700	2,450	1,121	3,924
Fresh Milk (250ml/day) 30 days	563	8,445	511	7,665	450	6,750
Kazinga Cooking oil (100mls/day)30 days	3,588	10,764	3,929	11,787	3,750	11,250
Bread (5 bnfsts / wk) 20 days	1,225	24,500	1,250	25,000	1,200	24,000
Sugar (2 Kgs /Week)	1,519	12,152	1,479	11,832	1,500	12,000
Kitchen Salt	588	588	571	571	571	571
Tea leaves (Chisangalalo)	238	9,520	125	5,000	70	2,800
Cassava /potatoes (2Kgx2Bkfst/)	213	3,408	433	6,928	571	9,136
Sub-total		<b>188,987</b>		<b>203,431</b>		<b>226,466</b>

**(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal (50 kgs)	18,250	36,500	15,972	31,944	25,714	51,428
Protex	800	8,000	879	8,790	779	7,790
Boom	856	6,848	960	7,680	807	6,456
Clere Body Lotion	569	1,138	518	1,036	511	1,022
Vaseline Blue Seal	2,138	4,276	2,193	4,386	1,307	2,614
Electricity	12,230	12,230	9,657	9,657	18,048	18,048
Running Water (meter)	8,731	8,731	9,364	9,364	18,328	18,328
Housing (3 bedroom)	72,288	72,288	44,807	44,807	60,093	60,093
Sub-total		<b>150,011</b>		<b>117,664</b>		<b>165,779</b>
Total Basic Needs		<b>338,998</b>		<b>321,095</b>		<b>392,245</b>

**(C) SOME OTHER ADDITIONAL COSTS**

	Lilongwe	Zomba	Blantyre	Mzuzu	Karonga	Mangochi
Education						
Secondary (fees) per year	40,541	59,399	36,192	46,500	49,465	67,287
Primary (GPF) per year	2,492	3,584	4,179	1,666	9,488	4,500
Uniform/shoes (Primary) per year	27,790	38,371	59,851	50,222	37,590	45,544
Uniform/shoes (Secondary) per year	41,406	41,937	46,896	72,000	68,478	47,937
Other (pens, books, etc.) per term	20,320	12,169	23,778	14,276	31,971	28,918

Mimbus fare to town and back LL: MK1400; B1: MK700; ZA: MK500 – MK600; MZ: MK550 – MK600

Monthly Average	Dec, 2021	Jan, 2022	Feb, 2022	March, 2022	April, 2022	May, 2022	June, 2022	July, 2022	Aug, 2022	Sep, 2022	Oct, 2022	Nov, 2022
Amount (MK)	<b>229,587</b>	<b>235,584</b>	<b>242,394</b>	<b>245,799</b>	<b>250,243</b>	<b>257,028</b>	<b>270,799</b>	<b>288,180</b>	<b>307,724</b>	<b>307,368</b>	<b>325,902</b>	<b>327,606</b>

NB: 1 USA dollar (\$) = K1,026.31 Malawian Kwacha (MK). Source National Bank of Malawi: The Social Conditions Research Programm of the Centre for Social Concern Conducted these surveys from 23<sup>rd</sup> and 24<sup>th</sup> November, 2022 in the cities of Blantyre, Zomba, Lilongwe, Mzuzu, Karonga and Mangochi

**Centre for Social Concern, P.O. Box 40049, Lilongwe, Malawi Tel: 265-991-843-249: director@cfscmafr.org or admin@cfscmafr.org**

**NOTE: The data on electricity, housing, water and other additional costs is collected and analysed on quarterly basis**